

# MARCH

## AIA High School Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>This institution is an equal opportunity provider.</b></p> <p><b>*Menu items are subject to change based on availability.*</b></p> <p><b>Choice of Milk:</b> FF Chocolate, FF White or 1% White</p>				
<p>4 <b>Chicken Patty Sandwich</b> 3.29 oz. Crispy Chicken Patty 2 oz. WG Bun</p> <p><b>SIDES</b> 1 c. Sweet Potato Tots 1 c. Fresh Apple</p> <p>Mayo Ketchup</p>	<p>5 <b>Mexican Beef Nachos</b> 2 oz. Beef/Bean &amp; 1 oz. Cheese 1 c. Black Bean Corn Salsa 2 oz. WG Corn Chips</p> <p><b>SIDES</b> 1 c. Seasonal Fresh Fruit</p>	<p>6 <b>French Toast Brunch</b> (2) Turkey Sausage Links (2) WG French Toast</p> <p><b>SIDES</b> 1 c. Hashbrowns w/ Cheese 1 c. Fresh Orange</p> <p>Syrup</p>	<p>7 <b>Beef Mostaccioli</b> 2 oz. Ground Beef 1 oz. Mozzarella Cheese 1 c. WG Penne Noodles 1/4 c. Spaghetti Sauce</p> <p><b>SIDES</b> 1 c. Broccoli 1 c. Fresh Banana</p>	<p>8 <b>Pizza</b> 2 oz. Pepperoni &amp; Cheese 2 oz. WG Crust</p> <p><b>SIDES</b> 1 c. Baby Carrots 1 c. Fresh Seasonal Fruit</p> <p>Ranch</p>
<p>11 <b>Beef Sloppy Joe</b> 2 oz. Ground Beef 2 oz. WG Bun</p> <p><b>SIDES</b> 1 c. Sweet Potato Wedges 1 c. Fresh Apple</p> <p>Ketchup</p>	<p>12 <b>Mexican Beef Tacos</b> 3 oz. Seasoned Beef 1 oz. Shredded Cheddar (2) WG Tortillas</p> <p><b>SIDES</b> 1 c. Black Beans &amp; Corn 1 c. Seasonal Fresh Fruit</p> <p>Salsa</p>	<p>13 <b>Pulled BBQ Chicken Sandwich</b> 2.8 oz. BBQ Chicken 2.05 oz. WG Sub Bun</p> <p><b>SIDES</b> 1 c. Tater Tots 1 c. Fresh Orange</p> <p>Ketchup</p>	<p>14 <b>Chicken Parmesan</b> 3.39 oz. WG Chicken 1 oz. Shredded Mozzarella 1 c. WG Spaghetti Noodles 1/4 c. Spaghetti Sauce</p> <p><b>SIDES</b> 1 c. Broccoli 1 c. Fresh Banana</p>	<p>15 <b>Pizza</b> 2 oz. Pepperoni &amp; Cheese 2 oz. WG Crust</p> <p><b>SIDES</b> 1 c. Fresh Cucumbers 1 c. Fresh Seasonal Fruit</p> <p>Ranch</p>
<p>18 <b>Chicken Nuggets</b> (5) Chicken Nuggets 1.1 oz WG Dinner Roll</p> <p><b>SIDES</b> 1 c. Sweet Potato Fries 1 c. Fresh Apple</p> <p>BBQ Sauce Ketchup</p>	<p>19 <b>Chicken Burrito Bowl</b> 2.8 oz. Chicken &amp; Cheese 1 oz. Shredded Cheddar 1 c. Brown Rice</p> <p><b>SIDES</b> 1 c. Black Bean Salsa 1 c. Seasonal Fresh Fruit</p>	<p>20 <b>Mini Corn Dogs</b> (6) Mini Corn Dogs</p> <p><b>SIDES</b> 1 c. Oven Fries 1 c. Fresh Orange</p> <p>Ketchup</p>	<p>21 <b>Cheeseburger Mac</b> 2 oz. Ground Beef &amp; Cheese 1 c. WG Elbow Noodles</p> <p><b>SIDES</b> 1 c. Broccoli 1 c. Fresh Banana</p>	<p>22 <b>Pizza</b> 2 oz. Pepperoni &amp; Cheese 2 oz. WG Crust</p> <p><b>SIDES</b> 1 1/2 c. Garden Salad w/ Ranch 1 c. Fresh Seasonal Fruit</p> <p>Italian Dressing</p>
<p>25 <b>Beef Hamburger</b> 2.5 oz. Beef Patty 2.05 oz. WW Hamburger Bun</p> <p><b>SIDES</b> 1 c. Sweet Potato Tots 1 c. Fresh Apple</p> <p>Ketchup</p>	<p>26 <b>Mexican Chicken Fajitas</b> 2.5 oz. Chicken Fajita Strips 1 oz. Shredded Cheddar 1/4 c. Peppers &amp; Onions (2) WG Tortillas</p> <p><b>SIDES</b> 1 c. Pinto Beans 1 c. Seasonal Fresh Fruit</p>	<p>27 <b>Pancake Brunch</b> (2) Turkey Sausage Links (2) WG Buttermilk Pancakes</p> <p><b>SIDES</b> 1 c. Hashbrowns w/ Cheese 1 c. Fresh Orange</p> <p>Syrup</p>	<p>28 <b>Italian Spaghetti</b> 3 oz. Ground Beef 1 oz. Mozzarella Cheese 1 c. WG Spaghetti Noodles</p> <p><b>SIDES</b> 1 c. Broccoli 1 c. Fresh Banana</p>	<p>29 <b>Pizza</b> 2 oz. Pepperoni &amp; Cheese 2 oz. WG Crust</p> <p><b>SIDES</b> 1 c. Baby Carrots 1 c. Fresh Seasonal Fruit</p> <p>Ranch</p>

### ALTERNATIVE OPTIONS

**MONDAY**

**ALT - Vegetarian Lasagna (VG)**

6 oz. Cheese Lasagna w/ WG Noodles & 1 c. Glazed Carrots

**SALAD - Chicken Pasta Salad**

2.8 oz. Grilled Chicken, 1 c. WG Pasta, 1 c. Carrots, Broccoli, Peppers, Italian Dressing

**TUESDAY**

**ALT - Bean & Cheese Burrito (VG)**

4 oz. Bean & Cheese Burrito on WG Tortilla, 1 c. Mexican Corn, Salsa

**SALAD - Southwest Salad**

2 oz. Taco Beef, 1 oz. Cheddar Cheese, 1.5 c. Romaine, 1/4 c. Black Beans, 2 oz. WG Corn Chips, Taco Sauce

**WEDNESDAY**

**ALT - WG Grilled Cheese Sandwich (VG)**

4 oz. WG Grilled Cheese on WW Bread, 1 c. Tater Tots, Ketchup

**SALAD - Chef Salad**

2.8 oz. Turkey, 1 oz. Cheese, 1.5 c. Romaine, 1/4 c. Cucumber, 2 oz. WG Croutons, Ranch

**THURSDAY**

**Cheese Pizza (VG)**

4 oz. WG Cheese Pizza w/ WG Crust, 1 c. Broccoli

**Crispy Chicken Salad**

3.39 oz. WG Crispy Chicken, 1 oz. Cheddar Cheese, 1.5 c. Romaine, 1/4 c. Tomato, 2 oz. WG Croutons, Ranch

**\*All meals are served with the "fruit of the day" & your choice of milk. FF Chocolate, FF Unflavored & 1% Unflavored milk is available\***