

May 2024

AIA K-8 Lunch Menu

Monday		Tuesday		Wednesday		Thursday		Friday	
<p>This institution is an equal opportunity provider.</p> <p>*Menu items are subject to change based on availability.*</p> <p>Choice of Milk: FF Chocolate, FF White or 1% White</p>				<p>1 Baked Chicken Wings 5 - Chicken Wings</p> <p>SIDES 3/4 c. Waffle Fries 1/2 c. Fresh Orange 2 oz. WG Corn Muffin</p> <p>Ranch Ketchup</p>		<p>2 Mashed Potato Bowl 2 oz. Popcorn Chicken 1 oz. Shredded Cheddar 1/2 c. Mashed Potatoes 1/4 c. Corn</p> <p>SIDES 1/2 c. Fresh Banana 1.1 oz WG Dinner Roll</p>		<p>3 Pizza 2 oz. Pepperoni & Cheese 2 oz. WG Crust</p> <p>SIDES 3/4 c. Broccoli 1/2 c. Fresh Seasonal Fruit</p> <p>Ranch</p>	
<p>6 BBQ Ribette Sandwich 2.8 oz. BBQ Beef Ribette 2.05 oz. WW Hamburger Bun</p> <p>SIDES 3/4 c. Sweet Potato Fries 1/2 c. Fresh Apple</p> <p>Ketchup</p>	<p>7 Mexican Beef Burrito 2 oz. Beef/Bean & 1 oz. Cheese 2 oz WG Tortilla</p> <p>SIDES 3/4 c. Refried Beans 1/2 c. Fresh Seasonal Fruit</p> <p>Taco Sauce</p>	<p>8 Baked Chicken Wings 5 - Chicken Wings</p> <p>SIDES 3/4 c. Fries 1/2 c. Fresh Orange 2 oz. WG Corn Muffin</p> <p>BBQ Sauce Ketchup</p>	<p>9 Beef Hot Dog 2 oz. Beef Hot Dog 2 oz. WW Hot Dog Bun</p> <p>SIDES 3/4 c. Potato Wedges 1/2 c. Fresh Banana</p> <p>Ketchup Mustard</p>	<p>10 Pizza 2 oz. Pepperoni & Cheese 2 oz. WG Crust</p> <p>SIDES 1 1/2 c. Garden Salad w/ Ranch 1/2 c. Fresh Seasonal Fruit</p> <p>Italian Dressing</p>					
<p>13 Chicken Patty Sandwich 3.29 oz. Crispy Chicken Patty 2 oz. WG Bun</p> <p>SIDES 3/4 c. Sweet Potato Tots 1/2 c. Fresh Apple</p> <p>Mayo Ketchup</p>	<p>14 Mexican Beef Nachos 2 oz. Beef/Bean & 1 oz. Cheese 2 oz. WG Corn Chips</p> <p>SIDES 3/4 c. Black Bean Salsa 1/2 c. Fresh Seasonal Fruit</p>	<p>15 Baked Chicken Wings 5 - Chicken Wings</p> <p>SIDES 3/4 c. Broccoli 1/2 c. Fresh Orange 2 oz. WG Corn Muffin</p> <p>Ranch Ketchup</p>	<p>16 Pancake Brunch (2) Turkey Sausage Links (2) WG Buttermilk Pancakes</p> <p>SIDES 3/4 c. Hashbrowns w/ Cheese 1/2 c. Fresh Banana</p> <p>Ketchup Syrup</p>	<p>17 Pizza 2 oz. Pepperoni & Cheese 2 oz. WG Crust</p> <p>SIDES 3/4 c. Baby Carrots 1/2 c. Fresh Seasonal Fruit</p> <p>Ranch</p>					
<p>20 Beef Sloppy Joe 2 oz. Ground Beef 2 oz. WG Bun</p> <p>SIDES 3/4 c. Sweet Potato Wedges 1/2 c. Fresh Apple</p> <p>Ketchup</p>	<p>21 Mexican Beef Tacos 3 oz. Seasoned Beef 1 oz. Shredded Cheddar (2) WG Tortillas</p> <p>SIDES 3/4 c. Black Beans & Corn 1/2 c. Fresh Seasonal Fruit</p> <p>Taco Sauce</p>	<p>22 Baked Chicken Wings 5 - Chicken Wings</p> <p>SIDES 3/4 c. Tater Tots 1/2 c. Fresh Orange 2 oz. WG Corn Muffin</p> <p>Ketchup Ranch</p>	<p>23 Mini Corn Dogs (6) Mini Corn Dogs</p> <p>SIDES 3/4 c. Oven Fries 1/2 c. Fresh Banana</p> <p>Ketchup Mustard</p>	<p>24 Pizza 2 oz. Pepperoni & Cheese 2 oz. WG Crust</p> <p>SIDES 3/4 c. Broccoli 1/2 c. Fresh Seasonal Fruit</p> <p>Ranch</p>					
<p>27 Chicken Nuggets (5) Chicken Nuggets 1.1 oz WG Dinner Roll</p> <p>SIDES 3/4 c. Sweet Potato Fries 1/2 c. Fresh Apple</p> <p>BBQ Sauce Ketchup</p>	<p>28 Walking Taco 3 oz. Seasoned Beef 1 oz. Shredded Cheddar 2 oz. WG Corn Chips</p> <p>SIDES 3/4 c. Black Bean Salsa 1/2 c. Fresh Seasonal Fruit</p>	<p>29 Baked Chicken Wings 5 - Chicken Wings</p> <p>SIDES 3/4 c. Waffle Fries 1/2 c. Fresh Orange 2 oz. WG Corn Muffin</p> <p>Ranch Ketchup</p>	<p>30 French Toast Brunch (2) Turkey Sausage Links (2) WG French Toast</p> <p>SIDES 3/4 c. Hashbrowns w/ Cheese 1/2 c. Fresh Banana</p> <p>Syrup Ketchup</p>	<p>31 Pizza 2 oz. Pepperoni & Cheese 2 oz. WG Crust</p> <p>SIDES 1 1/2 c. Garden Salad w/ Ranch 1/2 c. Fresh Seasonal Fruit</p> <p>Italian Dressing</p>					

ALTERNATIVE OPTIONS

MONDAY

ALT - Vegetarian Lasagna (VG)

6 oz. Cheese Lasagna w/ WG Noodles & 3/4 c. Glazed Carrots

SALAD - Chicken Pasta Salad

2.8 oz. Grilled Chicken, 1 c. WG Pasta, 3/4 c. Carrots, Broccoli, Peppers, Italian Dressing

TUESDAY

ALT - Bean & Cheese Burrito (VG)

4 oz. Bean & Cheese Burrito on WG Tortilla, 3/4 c. Mexican Corn, Salsa

SALAD - Southwest Salad

2 oz. Taco Beef, 1 oz. Cheddar Cheese, 1.5 c. Romaine, 1/4 c. Black Beans, 2 oz. WG Corn Chips, Taco Sauce

WEDNESDAY

ALT - WG Grilled Cheese Sandwich (VG)

4 oz. WG Grilled Cheese on WW Bread, 3/4 c. Tater Tots, Ketchup

SALAD - Chef Salad

2.8 oz. Turkey, 1 oz. Cheese, 1.5 c. Romaine, 1/4 c. Cucumber, 2 oz. WG Croutons, Ranch

THURSDAY

Cheese Pizza (VG)

4 oz. WG Cheese Pizza w/ WG Crust, 3/4 c. Broccoli

Crispy Chicken Salad

3.39 oz. WG Crispy Chicken, 1 oz. Cheddar Cheese, 1.5 c. Romaine, 1/4 c. Tomato, 2 oz. WG Croutons, Ranch

All meals are served with the "fruit of the day" & your choice of milk. FF Chocolate, FF Unflavored & 1% Unflavored milk is available