

March 2023

American International Academy Lunch Menu

Monday		Tuesday		Wednesday		Thursday		Friday	
<p>This institution is an equal opportunity provider. *Menu items are subject to change based on availability.* Choice of Milk: FF Chocolate, FF White or 1% White</p>				<p>1 Mexican Beef Tacos 3 oz. Seasoned Beef 1 oz. Shredded Cheddar (2) WG Tortillas</p> <p>SIDES 3/4 c. Black Beans & Corn 1/2 c. Fresh Peach</p> <p>Salsa</p>		<p>2 Chicken Parmesan 3.39 oz. WG Chicken 1 oz. Shredded Mozzarella 1 c. WG Spaghetti Noodles 1/4 c. Spaghetti Sauce</p> <p>SIDES 3/4 c. Broccoli 1/2 c. Fresh Banana</p>		<p>3 Pizza 2 oz. Pepperoni & Cheese 2 oz. WG Crust</p> <p>SIDES 3/4 c. Fresh Cucumbers 1/2 c. Fresh Seasonal Fruit</p> <p>Ranch</p>	
<p>6 BBQ Beef Sandwich 3 oz. BBQ Beef 2.05 oz. WG Sub Bun</p> <p>SIDES 3/4 c. Roasted Carrots 1/2 c. Fresh Apple</p>		<p>7 Mini Chicken Corn Dogs (6) Mini Corn Dogs</p> <p>SIDES 3/4 c. Oven Fries 1/2 c. Fresh Orange</p> <p>Ketchup</p>		<p>8 Chicken Burrito Bowl 2.8 oz. Chicken & Cheese 1 oz. Cheddar Cheese 1 c. Brown Rice</p> <p>SIDES 3/4 c. Black Bean Salsa 1/2 c. Fresh Peach</p>		<p>9 Cheeseburger Mac 2 oz. Ground Beef & Cheese 1/2 c. WG Elbow Noodles</p> <p>SIDES 3/4 c. Green Peas 1/2 c. Fresh Banana</p>		<p>10 Pizza 2 oz. Pepperoni & Cheese 2 oz. WG Crust</p> <p>SIDES 1.5 c. Fresh Garden Salad 1/2 c. Fresh Seasonal Fruit</p> <p>Italian Dressing</p>	
<p>13 Beef Hamburger 2.5 oz. Beef Patty 2 oz. WG Bun</p> <p>SIDES 3/4 c. Sweet Potato Tots 1/2 c. Fresh Apple</p> <p>Ketchup</p>		<p>14 Pancake Brunch (2) Turkey Sausage Links (2) WG Buttermilk Pancakes</p> <p>SIDES 3/4 c. Hashbrowns w/ Cheese 1/2 c. Fresh Orange</p> <p>Syrup</p>		<p>15 Mexican Chicken Fajitas 2.8 oz. Chicken Fajita Strips 1 oz. Shredded Cheddar 1/4 c. Peppers & Onions (2) WG Tortillas</p> <p>SIDES 3/4 c. Pinto Beans 1/2 c. Fresh Peach</p>		<p>16 Spaghetti w/ Meatballs (4) Beef Meatballs 1 oz. Mozzarella Cheese 1 c. WG Spaghetti Noodles</p> <p>SIDES 3/4 c. Green Beans 1/2 c. Fresh Banana</p>		<p>17 Pizza 2 oz. Pepperoni & Cheese 2 oz. WG Crust</p> <p>SIDES 3/4 c. Baby Carrots 1/2 c. Fresh Seasonal Fruit</p> <p>Ranch</p>	
<p>20 Chicken Nuggets (5) WG Chicken Nuggets 1.1 oz WG Dinner Roll</p> <p>SIDES 3/4 c. Sweet Potato Wedges 1/2 c. Fresh Apple</p> <p>BBQ Sauce Ketchup Ketchup</p>		<p>21 Beef Hot Dog 2 oz. Beef Hot Dog 2 oz. WW Hot Dog Bun</p> <p>SIDES 3/4 c. Tater Tots 1/2 c. Fresh Orange</p> <p>Ketchup</p>		<p>22 Pulled BBQ Chicken Sandwich 2.8 oz. BBQ Chicken 2.05 oz. WG Sub Bun</p> <p>SIDES 3/4 c. Baked Beans 1/2 c. Fresh Peach</p>		<p>23 Mac & Cheese Bowl 2 oz. WG Popcorn Chicken 1 c. WG Macaroni & Cheese</p> <p>SIDES 3/4 c. Broccoli 1/2 c. Fresh Banana</p>		<p>24 Pizza 2 oz. Pepperoni & Cheese 2 oz. WG Crust</p> <p>SIDES 3/4 c. Fresh Cucumbers 1/2 c. Fresh Seasonal Fruit</p> <p>Ranch</p>	
<p>27 Crispy Chicken Tenders (3) WG Chicken Tenders 2 oz. WG Corn Muffin</p> <p>SIDES 3/4 c. Sweet Potato Fries 1/2 c. Fresh Apple</p> <p>BBQ Sauce Ketchup</p>		<p>28 Mashed Potato Bowl 2 oz. WG Popcorn Chicken 1 oz. Shredded Cheddar 1/2 c. Mashed Potatoes 1/4 c. Corn</p> <p>SIDES 1.1 oz WG Dinner Roll 1/2 c. Fresh Orange</p>		<p>29 Mexican Beef Burrito 2 oz. Beef & Cheese 2 oz WG Tortilla</p> <p>SIDES 3/4 c. Refried Beans 1/2 c. Fresh Peach</p>		<p>30 Chicken Tetrizzini 2.8 oz. Sliced Chicken 1 c. WG Rotini Pasta</p> <p>SIDES 3/4 c. Mixed Vegetables 1/2 c. Fresh Banana</p>		<p>31 Pizza 2 oz. Pepperoni & Cheese 2 oz. WG Crust</p> <p>SIDES 1.5 c. Fresh Garden Salad 1/2 c. Fresh Seasonal Fruit</p> <p>Italian Dressing</p>	