

APRIL

AIA K-8 Lunch Menu

Monday		Tuesday		Wednesday		Thursday		Friday																																			
1	Crispy Chicken Tenders (3) Chicken Tenders 2 oz. WG Corn Muffin SIDES 3/4 c. Waffle Fries 1/2 c. Fresh Apple BBQ Sauce Ketchup	2	Mexican Beef Tacos 3 oz. Seasoned Beef 1 oz. Shredded Cheddar (2) WG Tortillas SIDES 3/4 c. Roasted Garbanzo Beans 1/2 c. Fresh Seasonal Fruit Taco Sauce	3	Baked Chicken Wings 5 - Chicken Wings SIDES 3/4 c. Sweet Potato Wedges 1/2 c. Fresh Orange BBQ Sauce Ketchup	4	Beef Hot Dog 2 oz. Beef Hot Dog 2 oz. WW Hot Dog Bun SIDES 3/4 c. Fries 1/2 c. Fresh Banana Ketchup	5	Pizza 2 oz. Pepperoni & Cheese 2 oz. WG Crust SIDES 3/4 c. Fresh Broccoli w/ Ranch 1/2 c. Fresh Seasonal Fruit Ranch	8	BBQ Ribette Sandwich 2.8 oz. BBQ Beef Ribette 2.05 oz. WW Hamburger Bun SIDES 3/4 c. Tater Tots 1/2 c. Fresh Apple Ketchup	9	Mexican Beef Burrito 3 oz. Seasoned Beef 1 oz. Shredded Cheddar 2 oz WG Tortilla SIDES 3/4 c. Pinto Beans 1/2 c. Fresh Seasonal Fruit Taco Sauce	10	Baked Chicken Wings 5 - Chicken Wings SIDES 3/4 c. Sweet Potato Fries 1/2 c. Fresh Orange BBQ Sauce Ketchup	11	Beef Hamburger 2.5 oz. Beef Patty 2.05 oz. WW Hamburger Bun SIDES 3/4 c. Waffle Fries 1/2 c. Fresh Banana Ketchup	12	Pizza 2 oz. Pepperoni & Cheese 2 oz. WG Crust SIDES 1 1/2 c. Garden Salad w/ Ranch 1/2 c. Fresh Seasonal Fruit Italian Dressing	15	Chicken Patty Sandwich 3.29 oz. Crispy Chicken Patty 2 oz. WG Bun SIDES 3/4 c. Sweet Potato Tots 1/2 c. Fresh Apple Ketchup Mayo	16	Walking Taco 3 oz. Seasoned Beef 1 oz. Shredded Cheddar 2 oz. WG Corn Chips SIDES 3/4 c. Black Bean Salsa 1/2 c. Fresh Seasonal Fruit Taco Sauce	17	Baked Chicken Wings 5 - Chicken Wings SIDES 3/4 c. Waffle Fries 1/2 c. Fresh Orange BBQ Sauce Ketchup	18	Italian Spaghetti 2 oz. Ground Beef 1 oz. Mozzarella Cheese 1 c. WG Spaghetti Noodles 1/4 c. Spaghetti Sauce SIDES 3/4 c. Broccoli 1/2 c. Fresh Banana	19	Pizza 2 oz. Pepperoni & Cheese 2 oz. WG Crust SIDES 3/4 c. Baby Carrots 1/2 c. Fresh Seasonal Fruit Ranch	22	Beef Sloppy Joe 2 oz. Ground Beef 2 oz. WG Bun SIDES 3/4 c. Sweet Potato Wedges 1/2 c. Fresh Apple Ketchup	23	Mexican Beef Tacos 3 oz. Seasoned Beef 1 oz. Shredded Cheddar (2) WG Tortillas SIDES 3/4 c. Roasted Garbanzo Beans 1/2 c. Fresh Seasonal Fruit Taco Sauce	24	Baked Chicken Wings 5 - Chicken Wings SIDES 3/4 c. Tater Tots 1/2 c. Fresh Orange Ketchup BBQ Sauce	25	French Toast Brunch (2) Turkey Sausage Links (2) WG French Toast SIDES 3/4 c. Hashbrowns w/ Cheese 1/2 c. Fresh Banana Syrup	26	Pizza 2 oz. Pepperoni & Cheese 2 oz. WG Crust SIDES 3/4 c. Fresh Broccoli w/ Ranch 1/2 c. Fresh Seasonal Fruit Ranch	29	Chicken Nuggets (5) Chicken Nuggets 1.1 oz WG Dinner Roll SIDES 3/4 c. Sweet Potato Fries 1/2 c. Fresh Apple BBQ Sauce Ketchup	30	Walking Taco 3 oz. Seasoned Beef 1 oz. Shredded Cheddar 2 oz. WG Corn Chips SIDES 3/4 c. Black Bean Salsa 1/2 c. Fresh Seasonal Fruit Taco Sauce

This institution is an equal opportunity provider.
Menu items are subject to change based on availability.
Choice of Milk: FF Chocolate, FF White or 1% White

ALTERNATIVE OPTIONS

MONDAY

ALT - Vegetarian Lasagna (VG)

6 oz. Cheese Lasagna w/ WG Noodles & 3/4 c. Glazed Carrots

SALAD - Chicken Pasta Salad

2.8 oz. Grilled Chicken, 1 c. WG Pasta, 3/4 c. Carrots, Broccoli, Peppers, Italian Dressing

TUESDAY

ALT - Bean & Cheese Burrito (VG)

4 oz. Bean & Cheese Burrito on WG Tortilla, 3/4 c. Mexican Corn, Salsa

SALAD - Southwest Salad

2 oz. Taco Beef, 1 oz. Cheddar Cheese, 1.5 c. Romaine, 1/4 c. Black Beans, 2 oz. WG Corn Chips, Taco Sauce

WEDNESDAY

ALT - WG Grilled Cheese Sandwich (VG)

4 oz. WG Grilled Cheese on WW Bread, 3/4 c. Tater Tots, Ketchup

SALAD - Chef Salad

2.8 oz. Turkey, 1 oz. Cheese, 1.5 c. Romaine, 1/4 c. Cucumber, 2 oz. WG Croutons, Ranch

THURSDAY

Cheese Pizza (VG)

4 oz. WG Cheese Pizza w/ WG Crust, 3/4 c. Broccoli

Crispy Chicken Salad

3.39 oz. WG Crispy Chicken, 1 oz. Cheddar Cheese, 1.5 c. Romaine, 1/4 c. Tomato, 2 oz. WG Croutons, Ranch

***All meals are served with the "fruit of the day" & your choice of milk. FF Chocolate, FF**